

2018 SOUTHERN NURSING PROGRAM

YORKTON & REGINA STAKEHOLDERS REPORT

University of Saskatchewan, College of Nursing



UNIVERSITY OF SASKATCHEWAN
College of Nursing
NURSING.USASK.CA

In 2012, the College of Nursing began offering the Bachelor of Science of Nursing (BSN) degree program in Regina, and in 2014, extended the offering to Yorkton in partnership with Parkland College and Sunrise Health Region. In order to keep our regional stakeholders informed about our programming, we provide annual reporting on program indicators, such as student numbers and success rates, clinical placements and outreach.

It is our hope that by working closely with local stakeholders we will: 1) improve recruitment and retention; 2) provide a nursing education that is contextually relevant for our southern students; 3) leverage clinical placements and other program components to positively impact regional health care; and 4) position our graduates to be community leaders and improve regional health outcomes.



New Assistant Dean for Southern Saskatchewan



Dr. Gerri Lasiuk has been appointed Assistant Dean for southern Saskatchewan as of July 2018. Gerri has been a longtime faculty member and friend to the College of Nursing throughout her career. Gerri is a registered psychiatric nurse/registered nurse and a certified psychiatric/mental health nurse (Canada). Her clinical background includes acute psychiatry; public health nursing; outreach, high-risk pregnancy program; mental health therapist in First Nation Communities; and psychotherapist in private practice.

Gerri's current projects include a qualitative study of women's experience of perinatal loss and assessment of the health and health needs of vulnerably housed women and children served by the Regina YWCA housing programs.

Gerri has taught undergraduate courses in mental health/psychiatric nursing, interpersonal communication, group theory, family, and human sexuality. She also teaches graduate courses and works extensively with masters and doctoral students and postdoctoral fellows.

Plan 2025

The University of Saskatchewan launched its new strategic plan – Plan 2025 – in October 2018, with the aspiration to be “the University the world needs.” In the summer of 2018, the Indigenous community gifted a name to the plan; *nikānītān manācihitowinihk* in Cree and *ni manachihitoonaan* in Michif which translates as “Let us lead with respect.” The College of Nursing has submitted its own initiatives and goals as part of this larger plan. Reconciliation, indigenization, community partnerships and distributed learning will remain priorities for us in the next seven years. You can view our plan on our website at nursing.usask.ca/2025.



Student Enrolment and Demographics in Yorkton for 2018/19

Prospective students apply for admission to the College of Nursing after completing a pre-professional First Year of study which is comprised of 30 credit units of foundational courses in Arts and Science, including Chemistry, Biology, and Statistics.

In the Fall of 2018, the College of Nursing welcomed 16 newly admitted students into Year 2 of the BSN program in Yorkton, for a total enrolment of 45 BSN students across Years 2, 3, and 4.

Positive trends:

- 13% of the 2018 Year 2 intake have self-declared as Indigenous
- 22% of our Yorkton students are male, the highest proportion of any of our sites and campuses
- Students in Yorkton range from 19 to 40+ years old, with a median age of 22.

In 2018, we celebrated our largest graduating class from Yorkton to date with 13 students successfully completing the BSN program and ready for RN licensure.

Students currently studying in Yorkton join us from a number of different communities.

Top five locations

Yorkton

Canora

Preeceville

Saltcoats

Melville

Clinical Placements

Clinical and lab experiences are integral to the College of Nursing's curriculum and individual student development. These types of experiences provide students with an opportunity to connect theory to practice and to further enhance and develop their nursing skills and knowledge.

The following clinical experiences are being provided for the Yorkton nursing students in the 2018-19 academic year:

Year in Program	Course	Number of Students	Location of Placement	Time Frame	Clinic Hours Per Student
2	Assessment and Components of Care	16	Yorkton Regional Nursing Home-Long-Term Care	Nov - Dec 2018	24 Hours
2	Patient and Family Centered Care in Clinical	19	Yorkton Regional Hospital-Medicine & Surgery	May - June 2019	144 Hours
3	Integrating Mental Health and Addiction into Practice	10	Yorkton Regional Hospital-Mental Health Inpatients, Outpatient Mental Health and Rehabilitation Services	May - June 2019	156 Hours
3	Maternal Family Centred Nursing Practice	10	Yorkton Regional Hospital Obstetrical Unit	Jan - April 2019	78 Hours
3	Maternal Family Centred Nursing Practice	10	Yorkton Regional Hospital-Pediatrics, Emergency, Cornerstone Therapies, Dr. Brass Elementary School, Sunrise Health Region Health and Wellness Centre	Jan - April 2019	78 Hours
3	Complex Nursing Care Practice	9	Yorkton Regional Hospital-Medicine & Surgery	Sept - Dec 2018	156 Hours
4	Community Health Nursing Practice	13	Yorkton Family Resource Centre/Turning Point Needle Exchange/Yorkton Newcomer Centre/Dream Builder's High School/Ochapowace Health Centre & Yorkton Public Health	Sept - Dec 2018	260 Hours
4	Practice Integration	13	Yorkton Regional Hospital-Surgery, Pediatrics, Obstetrics, Medicine, Emergency, ICU, Melville, Canora, Kamsack, Esterhazy	Jan - April 2019	336 Hours



Dean's Tour in Yorkton

Our southern Saskatchewan tour began in Yorkton where the College of Nursing team met with second year nursing students at the college's lab space in the Yorkton Regional Health Centre. Following the meeting with students, members of our team met with representatives from the health region, where we discussed clinical placements and USask's growing presence in southern Saskatchewan. In the afternoon we met with Parkland College team, followed by an evening reception with friends of the college at the Gallagher Centre.



Student Outreach

Stuffed Bear Hospital

As part of the Maternal Child and Adolescent Family Centered Nursing Practice course, third year nursing students like Abigail Schmalz gave back to community by putting on a stuffed bear hospital at the Yorkton Nursery School Co-operative. Kids brought their under the weather stuffed bears, dogs, elephants, and other animals to school, as nursing students took its pulse, check its temperature, and wrap bandages around it. Before long, the stuffed animals were recovering and on their way.



Under Pressure

Story provided by Yorkton This Week

The Yorkton Family Resource Centre and fourth year nursing students from Parkland College put on a free blood pressure clinic. The goal of the event was twofold, both to give people a check on how their blood pressure is doing and to have them bring their kids along, so those kids aren't intimidated and afraid when they need to see a health professional.

Pictured, Shane Morgan and his son Rowan get their blood pressure tested by nursing student Abby Schmalz.



STARS Experience

When Tracy Gabriel, clinical associate with the College of Nursing is not instructing or working as a casual RN in Yorkton's Emergency department, she is able to participate in the Shock Trauma Air Rescue Service Foundation (STARS) mobile education program with 3rd year nursing students. The STARS education program was an opportunity for the Core Competencies for the Management of Complex Patient Care nursing class to watch RNs and paramedics treat critically ill patients - one trauma and one sepsis case. Students were then invited to provide input and allowed to participate in chest compressions. It was a unique opportunity that allowed the students to see high acuity/critically ill and injured patients being treated and was valuable learning.

(L to R) Isa Glodoveza, Jem de Jesus, Christine Koroluk, Stephanie Lessmeister and Bridgette Carl



Student Enrolment and Demographics in Regina for 2018/19

In the Fall of 2018, 92 students were newly admitted to Year 2 of the BSN program in Regina for a total enrolment of 301 students pursuing their BSN degree at our USask Regina Campus.

Quick Facts:

- 7% of BSN students in Regina self identify as Indigenous.
- 22% of BSN students in Regina are male
- The median age for Regina Campus students is 22, but range between 19 and 40+ years

In 2018, there were 70 students who graduated from the BSN program in Regina, our second largest graduation since the new program began in 2011-12.

Students currently studying at the USask Regina Campus join us from a number of home communities in Saskatchewan and beyond.

Top five locations

Regina
Saskatoon
Swift Current / Humboldt
Moose Jaw
Warman / Martensville

Out of province

Calgary and area
Lloydminster
Edmonton
Winnipeg

Clinical Placements

Clinical and lab experiences are integral to the College of Nursing's curriculum and individual student development.

These types of experiences provide students with an opportunity to connect theory to practice and to further enhance and develop their nursing skills and knowledge.

The following clinical experiences are being provided for the Regina nursing students in the 2018-19 academic year:

Year in Program	Course	Number of Students	Location of Placement	Time Frame	Clinic Hours Per Student
2	Assessment and Components of Care	89	Extencare Elmview, Parkside, Sunset; Regina Lutheran Home; William Albert	Nov - Dec 2018	24 Hours
2	Patient and Family Centered Care in Clinical	106	Pasqua (3D and 4A Med, Ortho 4C); General (3E, 5E, 6F med; 5F ortho; 6A surg); Rural - All Nations Healing Hospital, Dr. Wigmore Regional Hospital Moose Jaw, Weyburn General, Estevan St. Joseph's Hospital)	May - June 2019	144 Hours
3	Integrating Mental Health Nursing in Practice	84	Regina Provincial Correctional Centre; Phoenix Residential Society; Providence Place; Ranch Ehrlo; Street Culture; Regina General Hospital Acute Mental Health; Standing Buffalo; Leading Thunderbird Lodge; Wascana Rehabilitation Centre	Sept - Dec 2018; May - June 2019	156 Hours
3	Maternal Family Centred Nursing Practice	94	Regina General Hospital(L&D, MBU, Obs)	Jan - Feb 2018; Feb - April 2018; May - June 2018; June 2018)	78 Hours
3	Maternal Family Centred Nursing Practice	94	Regina General Hospital Pediatrics Unit 4F; Hopes Home	Jan - Feb 2018; Feb - April 2018; May - June 2018; June 2018)	78 Hours
3	Complex Nursing Care Practice	108	Medicine (3B Pasqua) Surgery (4D Pasqua; 6A General), Cardiac (3F), Neurosciences (5A)	Sept - Dec 2018; Jan - April 2019	156 Hours
4	Community Health Nursing Practice	70	Carmichael, Regina Immigrant Women Centre; Street Culture Project; YWCA Kiniaw Residence; WYCA My Aunts Place; Planned parenthood; Mother Theresa Middle School; Scott Collegiate; Tom Collegiate; Thompson Elementary School; Sacred Heart School; AIDS South Saskatchewan; Leading Thunderbird Lodge; Standing Buffalo; Qu'Appelle Valley Friendship Centre; Newo Yotina Friendship Centre	Sept - Dec 2018; Jan - April 2019	260 Hours
4	Practice Integration	71	Cypress Regional Hospital (medicine); Moose Jaw (Obs-Gen, Surgery), Rural (Cross Lake Nursing Station, Indian Head;); Moosamin (medicine); Regina Pasqua (ICU, Emerg, 3B and 4A Med, ortho 4C, palliative, surgery 4D, MSU) Regina General (Cardiac 3A/CSU, CCU, 3F, 2A/ SICU, Med 3E and 5E, Acute Mental Health 1D, NICU, Neuro 5A, Ortho 5F, L&D, Peds 4F, Surgery 6A and Short Stay Unit, Day Surgery, Peds OP, MICU); Estevan (ICU, Emerg, Med, OBs, SurgeryIP); Weyburn (med)	Sept - Dec 2018; Jan - April 2019	336 Hours



Dean's Tour In Regina

Members of the College of Nursing team met with nursing students at the USask Regina Campus, where we had lunch with the student body and had an informal conversation regarding their experiences in the program. Following lunch, members of the faculty and staff connected before our drop-in reception at Hotel Saskatchewan with alumni and the nursing community.



Nursing Student Gives Back to Community

During the Fall Community Health placement in Regina, fourth year nursing student Alex Milne kindly donated a piece of a buffalo hide to the Cree class at Scott Collegiate High School. The buffalo hide was gifted to Alex during a road trip that took him through the Yukon and Western Canada. The hide was honoured and blessed by a community elder and engaged the students in traditional ways of knowing and utilizing resources. This experience has given Scott students the opportunity to come together and to create traditional medallions and earrings.



Regina Immigrant Women's Centre Wellness Fair

The Regina Women's Immigrant Centre in collaboration with University of Saskatchewan and University of Regina students hosted a one-day Wellness Fair for newcomers to Regina. The event, which was held at the Mamaweyatitan Community Centre, featured a variety of health information booths, along with a panel of medical experts, Zumba exercises, guest speakers, and nutritious food. Over one hundred people attended! As part of their community nursing practicum, the USask nursing students teamed up with local agencies and interpreters to provide education to specifically address health needs of immigrant women.

The students would like to thank the program partners including: YWCA, Your Time, Supreme Basics, Abadoo Promotion Group, U of R Women's Centre, Mini Panjab, Saje Natural Wellness, Belleza Moda, Cobbs bread, Regina Police Service, Better Business Bureau, Culligan, Saskatchewan Health Authority, David's Tea & Khalsa Free Kitchen

*Back (left-right): Students - Navdeep Kaler, Kirsty Schellenberg, and Pam Raymond
Front (left-right): Students -Tricia Tan, Kelsey Fonstad, and Jessie Chamberlain
Missing: Sarah Leippi | Clinical Associate: Barb Geran*

Nursing Partnership Works to End 'Period Poverty'

It isn't just an issue affecting women in faraway countries, it's happening right here in Saskatchewan.

For women living in poverty, lack of access to basic menstrual hygiene products or adequate sanitation can result in time missed at work, school, and other activities, leading to disadvantages that are often difficult to overcome.



Known as 'period poverty,' lack of menstrual protection due to financial barriers isn't just an issue affecting women in faraway countries.

This summer, two College of Nursing students, Jazlynn Badduke and Sarah Leippi, were funded by the School of Public Health to work with Your Time in inner-city Regina and First Nations communities. They met with young women, speaking with them to reduce the stigma around having their periods, and to educate them about menstrual hygiene.

"Hearing the struggles, challenges, and barriers of the women was heartbreaking. Women had to do degrading and unsanitary things in order to carry out their daily activities. Seeing the look on their face when they were presented with a cup was a rewarding experience I will never forget," said Leippi.

The partnership between Your Time, College of Nursing, and School of Public Health is a unique opportunity to address a complex global issue related to gender equity and sustainable development, with great potential to go further.

(L-R) Sarah Leippi and Jazlynn Badduke

Graduate Education Opportunities

The College of Nursing's Master's of Nursing program is offered online, making it more accessible for RNs in rural and remote communities to complete the requirements without leaving home or interrupting their present employment.

The deadline for both the Master's (thesis & course-based) and PhD program is February 1st, and for the Master's (Nurse Practitioner) program it is March 1st. To discuss the graduate program application process and opportunities, contact nursing.advising@usask.ca.



Previous Reports

Previous reports for Yorkton dating to Fall 2014 are available on our website: <https://nursing.usask.ca/about/resource-centre.php#OtherReports>



Further Information and College of Nursing Contacts

Assistant Dean, South – Gerri Lasiuk	gerri.lasiuk@usask.ca
Clinical Coordinator – Raissa Berry	raissa.berry@usask.ca
Aboriginal Nursing Advisor – Heather Cote-Soop	heather.cotesoop@usask.ca
Professional Academic Advisor – Maxine Newton	maxine.newton@usask.ca